



# British Canoeing Awarding Body Personal Performance Award Details

#### Introduction

The revised British Canoeing Awarding Body Personal Performance Awards have been available since 2<sup>nd</sup> January 2019. This follows a comprehensive review of the existing Star Awards.

Please see the British Canoeing Awarding Body website which includes a range of documents to support candidates and providers.

## **Background**

In 2016, the British Canoeing Coaching Strategy Group initiated a review of the British Canoeing Awarding Body Personal Performance Awards to ensure that they met the needs of our sport. This resulted in the Head of Coaching and Qualifications commissioning an independent review carried out by Martin Chester. The review was completed in December 2016.

Phase 2 of the project was to establish an appropriate working group to discuss the review and consider a framework for the NEW Personal Performance Awards.

Phase 3 shared the framework to have wider consultation publically with 89.5% supporting the proposed framework.

The specific development of the NEW Personal Performance Awards started in January 2018 with the Technical Groups considering content and names of the awards to suitably represent each specific discipline.





# **Key Changes**

- No dual discipline awards
- Five new disciplines including Stand Up Paddleboard, Polo, Racing, Rafting and Slalom
- Direct entry to all awards
- No age restrictions
- Personal Performance Awards without formal leadership
- Leaders and Bell Boat Helms will be able to provide awards
- Paddler focused





### **An Introduction to the Personal Performance Awards**

The Personal Performance Awards are designed for paddlers wanting to gain recognition of their learning and development, in the craft and environment they choose.

The process of completing the awards is based on learning and, as such, the ethos of 'supporting the paddler' is the main focus of all the awards, encouraging individuals in their development.

# Paddle Awards: Designed to develop enjoyment, safety and skills for those new to Paddlesport

The three Paddle Awards are for those getting into a boat for the first time, enabling them to feel confident in their chosen craft in a sheltered water environment. The awards help empower the paddler, enabling them to start their lifelong journey into paddlesport. The awards are designed to encourage those who get in a boat for the first time, to take on their next step, by taking a Paddle Discover and Paddle Explore, which providers will play a key role in shaping.



Name of Award	Description
Paddle Start	Encouragement award aimed at someone new to paddlesport
Paddle Discover	Enables the paddler to develop decision making and fundamental skills
Paddle Explore	An award that empowers and supports the individual paddler





### **Discipline Specific Pathway Awards**

- Each of the 12 disciplines has three awards.
- Five new disciplines have been introduced including Stand Up Paddleboard,
  Polo, Racing, Rafting and Slalom, which means there is something for
  everyone. With a range of different environments and crafts, this enables the
  individual to make choices on the type of craft and environment they wish to
  paddle.
- All of the awards are direct entry. Paddlers can choose which award they
  would like to work towards, developing their skills and decision making.
- There are no direct links to Coaching and Leadership qualifications as prerequisites.
  - The awards do provide appropriate milestones and acknowledgement of personal skills, setting up the paddler appropriately for British Canoeing Coaching and Leadership qualifications.
- There are no age restrictions for any of the awards. Providers should check paddlers' suitability, as well as having appropriate mechanisms for anyone under 18.
- All of the awards have been created and written with the paddler at the heart
  of the content and creates empowerment and ownership.





Discipline	Awards
	White Water Award
	Progressive White Water Award
White Water	Advanced White Water Award
	Stadium White Water Award
	Progressive Stadium White Water Award
	Canoe Award
Canoeing	Progressive Canoe Award
	Advanced Canoe Award
	Surf Kayak Award
Surf Kayak	Progressive Surf Kayak Award
	Advanced Surf Kayak Award
	Sea Kayak Award
Sea Kayak	Coastal Sea Kayak Award
	Advanced Sea Kayak Award
	Touring Award
Touring	Open Water Touring Award
	Multi Day Touring Award
	SUP Sheltered Water Award
Stand up Paddleboard	SUP White Water Award
	SUP Paddle Surf Award
	Flat Water Freestyle Award
Freestyle	Freestyle Award
	Advanced Freestyle Award
	Flat Water Raft Racing Award
Rafting	Stadium Raft Racing Award
	River Raft Racing Award
	Polo Explore Award
Polo	Polo Perform Award
	Polo Excel Award
	Racing Explore Award
Racing	Racing Perform Award
	Racing Excel Award
	Slalom Explore Award
Slalom	Slalom Perform Award
	Slalom Excel Award
	Wild Water Racing Explore Award
Wild Water Racing	Wild Water Racing Perform Award
	Wild Water Racing Excel Award





#### **Achieving a Personal Performance Award**

There are many ways a paddler can work towards achieving a Personal Performance Award.

An individual tries canoeing at a holiday camp, develops their skills and is awarded the Paddle Start certificate. The individual is keen to develop their skills further and finds their local club to undertake the Paddle Discover Award.

Paddlers may be out for a day trip on the sea or on the river and demonstrate their understanding and skills and be awarded a Personal Performance Award.

Club paddlers could use the awards as part of a series of sessions, developing their skills and understanding along the way.

An individual paddler can use the awards as a guide, to promote self-learning.

Paddlers could opt for bespoke training at their local centre, using the award as a checklist and then enlist a Provider to check they meet the requirements.

Racing, Polo, Slalom or Wild Water Racing paddlers can use the awards as progressive milestones in gaining developments in their skill and understanding of their chosen discipline.

#### **Candidate Entry Requirements**

There are no entry requirements for any of the awards. Providers should check paddlers' suitability, as well as having appropriate mechanisms for anyone under 18.

#### **Provider Matters**

Depending on existing roles held, there are a number of awards that Providers will move across to deliver. Instructors, Coaches and Leaders with existing qualifications can also work towards becoming a Provider. Please see the Personal Performance Awards Provider Requirements for full details.

#### **Fees**

Please visit your Delivery Centre website to find out the fees for awards.