

A woman wearing a white helmet and a dark jacket with 'Palm' written on it is looking towards the camera. She is standing on a wooden dock or pier. The background is slightly blurred, showing trees and a body of water.

**Advice for Coaches who
are part way through the
Performance Coach Award**

Advice for Coaches who are part way through the British Canoeing Awarding Body Performance Coach Award

Introduction

All elements of the current British Canoeing Awarding Body Performance Coach Training and Assessment will stop running on the 28th June 2020.

Coaches who have an in-date Performance Coach Core Training or Discipline Specific Training will be able to transfer to the new Performance Coach Awards, released on the 29th June 2020.

Please see “Performance Coach Pre-Pre-release” for details of the new Awards.

Prerequisites

For the new qualifications you will require a discipline specific coaching qualification in the same discipline and environment that you wish to pursue (minimum British Canoeing (UKCC) Level 2, or BCU Level 3). For example:

- The corresponding Coach Award
- The corresponding Moderate Water Endorsement or BCU Level 3 Coach
- The corresponding Advanced Water Endorsement or BCU Level 5 Coach

See Appendix 1 for specific details for each discipline/environment.

You will also require:

- Full National Association membership;
- In date First Aid training;
- Safeguarding training (as required by your National Association).

Registration

If you have valid Performance Coach Core Training or Discipline Specific Training, you will be able to transfer your registration to your preferred discipline/environment

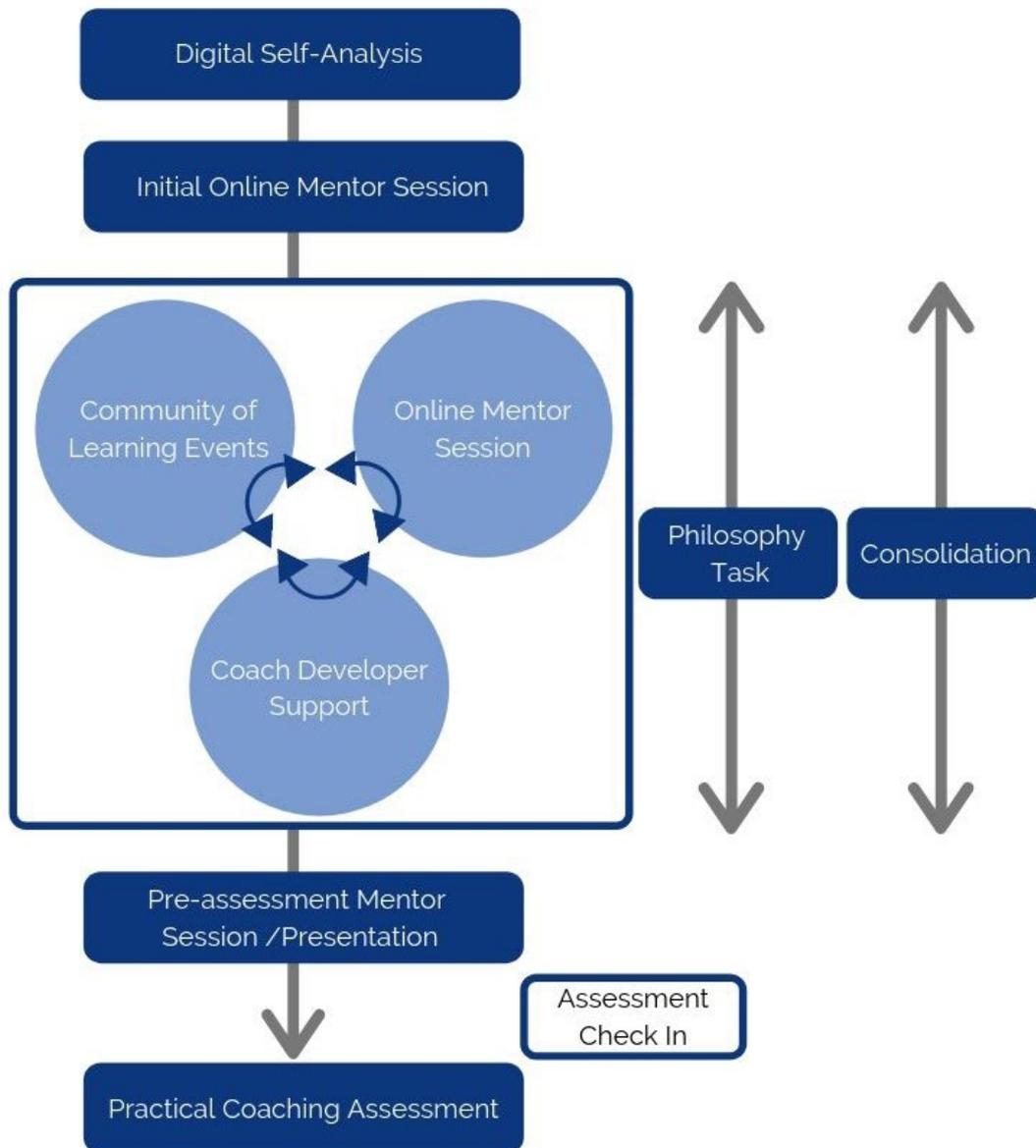
within the new structure through your National Association, as long as you meet the relevant prerequisites.

Learning Journey

Introduction

Within the NEW programme the learning journey is fluid and personalised to every coach who undertakes the programme. There are several key components but, as an experienced coach, the coach will steer the direction and focus of their learning in areas that are most relevant to them.

As a coach transferring across from the existing Performance Coach structure, you should consider which of the new components are most pertinent to your own needs. The following components require consideration:



Digital Self Analysis Tool and Resources – Optional

A digital self-analysis tool will be available to all coaches through the British Canoeing Awarding Body website. It will be a useful tool to help you focus on the areas of your development and learning that are most relevant to your individual situation. Based on your responses, you will also be sign-posted to appropriate resources to support your learning and development.

Online Mentor Sessions – Required

Coaches joining the New Performance Coach Programme are required to engage in a minimum of two mentoring sessions prior to assessment for each discipline/ environment qualification they are working towards.

The online mentor sessions are designed to support ongoing development and thinking (approximately one hour each). During these sessions, discussion with a Performance Coach Mentor will support reflection, stimulate insights and action, and support you making sense of your practices.

Transferring coaches who have completed Performance Coach Discipline Specific Training (in the same discipline as they wish to transfer to) are NOT required to engage in any formal mentoring sessions, although can buy into these if they wish.

Transferring coaches who have completed Performance Core Coach Training ARE required to engage in TWO formal mentoring sessions, and can add extras if they wish.

Performance Coach Community of Learning Events

These events are **optional** if British Canoeing Performance Coach Core Training (pre 2020) has been completed. (They are required if British Canoeing Performance Coach Core Training (pre 2020) has NOT been completed).

A calendar of two-day, face-to-face events will be available for coaches on the programme. These events provide opportunities to unpick 'Performance Coaching' and how this relates to who, what and how you coach.

Coaches will share these events with other highly motivated, skilled and experienced coaches from a range of disciplines, having powerful opportunities to explore, develop and refine your thinking about your coaching practices, knowledge and understandings.

The support and challenge your peers and the facilitators bring to these events should feed your curiosity; stimulating you to explore and stretch new ideas in your coaching whilst also helping you to refine your existing practices.

Coaches can attend as many of these community of learning events as they wish; there is a minimum requirement to attend at least one prior to assessment, although coaches who completed British Canoeing Performance Coach Core Training (pre 2020) are exempt from this minimum requirement.

Coach Developer Support

Learning from other knowledgeable coaches is an essential element to refining and progressing your practice, understandings and knowledge. A register of Coach Developers, with details of their specialist areas, can be found using a digital look up system, available through your National Association.

Unlike other British Canoeing Awarding Body Coaching qualifications, you have autonomy over the topics you wish to explore, and it is up to you to seek learning in the areas most pertinent to your coaching role. You can use the Digital Self Analysis tool and Mentor Sessions to help identify appropriate topics, Coach Developers, and how the Coach Developer could best support your identified learning objective/s.

You will fund these Coach Developer interactions in agreement with them.

You can arrange as many of these Coach Developer ‘touch points’ as you wish. There is a minimum requirement to engage in at least two prior to assessment.

British Canoeing Performance Coach Discipline Specific Training (pre 2020) is considered equivalent to one touch point (if in the relevant discipline/environment). Other touch points accessed on the previous Performance Coach pathway (e.g. coaching support from a mentor) can also be considered, please contact your National Association to have these verified.

Philosophy Task - Required

In the new programme, coaches will be challenged and supported to further develop deep understanding in how their values and beliefs shape and underpin their coaching practice. This topic is threaded into sessions with the Mentor and Coach

Developers, into the Community of Learning events, and there will be support materials provided to help the coach develop their thinking in this area.

As a transferring coach you will be provided with the support materials and can utilise the mentor support, coach developer support, community of learning events to suit your individual needs. You are required to present and discuss your coaching philosophy during the pre-assessment mentor session:

Pre-Assessment Mentor Session - Required

An online session with a Performance Coach Mentor should be arranged when you feel ready to progress to (and before booking) the practical coaching assessment. This will help you check your readiness for assessment and fine-tune your final preparations.

During this session you will also present and discuss your coaching philosophy. This gives you the opportunity to articulate your thinking and share examples to showcase how it influences your coaching practices. There are strong links between your presentation and your practical coaching assessment. A recording of your presentation and any supporting materials will be shared with the assessor working with you on your practical assessment to provide context and background into how and why you go about your coaching practice as you do.

After the presentation, you will either be given the go ahead to make arrangements for setting up your practical assessment or, if further development is required, a personal action plan will be agreed.

Summary of Required Learning Components

	Consideration for Transferring Coach	
	If you have completed Performance Coach Discipline Specific Training (in the same discipline as you wish to transfer to):	If you have completed British Canoeing Performance Coach Core Training (pre 2020):
Digital Self Analysis Tool and Resources	Optional. There is freedom to utilise this resource as much as you wish.	
Online Mentor Sessions	You are NOT required to engage in any formal mentoring sessions, although can buy into them if you wish.	You ARE required to engage in TWO formal mentoring sessions, and can buy into extras if you wish.
Community of Learning Events	These 2-day, face-to-face events are optional if British Canoeing Performance Coach Core Training (pre 2020) has been completed. They are open for you to attend if you wish.	
Coach Developer Support	Two 'touch points' with registered Coach Developer/s are required. Performance Coach Discipline Specific Training (pre 2020) is considered equivalent to one touch point (if in the relevant discipline/ environment). Other touch points accessed on the previous Performance Coach pathway (e.g. coaching support from a mentor) can also be considered, please contact your National Association to have these verified.	Two 'touch points' with registered Coach Developer/s are required.
Philosophy Task	This is required for all transferring coaches. Support materials will be provided at the point of transferring your registration.	

Pre-Assessment Mentor Session	An online session with a Performance Coach Mentor is required when you feel ready to progress to (and before booking) your practical coaching assessment.
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Assessment

Introduction

If you are looking to progress to the assessment, you are required to have completed the NEW Performance Coach Assessment prerequisites and have these verified through Assessment Check In with your National Association.

Assessment Check In verifies that you have completed the required learning components (see page 5); and have valid National Association Coach Update.

Once the Check In process has been completed, you will work together with your National Association to set up your practical coaching assessment.

Practical Coaching Assessment

To achieve your Performance Coach Award qualification you need to successfully complete a practical assessment focused on your coaching skills. You are required to organise, plan and deliver a minimum of three hours (split to suit the learners' needs as required) quality coaching for a least two learners. The learners should be typical of the people you normally coach, and suitable for coaching in the upper limits of the stated award environments. The NEW assessment criteria will be updated, although will share many similarities with the current qualifications.

Note regarding Performance Coach Portfolio

No portfolio of evidence is required in the NEW Performance Coach pathway. Whilst this written evidence is no longer required, Coaches who have completed or partly completed their existing Performance Coach Portfolio should find the activities beneficial in their preparation for the NEW assessment.

Appendix 1

To register for the NEW Performance Coach Award you will require a discipline specific coaching qualification in the same discipline and environment that you wish to pursue (minimum British Canoeing (UKCC) Level 2, or BCU Level 3).

NEW Performance Coach Discipline/Environment Qualification:	Prerequisite Coaching Qualification (<u>One</u> of the listed qualifications is required)
Performance Canoe Coach (SW)	<ul style="list-style-type: none"> • British Canoeing Canoe Coach (SW) • British Canoeing Canoe and Kayak Coach (SW) • BCU Level 3 Canoe Coach
Performance Kayak Coach (SW)	<ul style="list-style-type: none"> • British Canoeing Kayak Coach (SW) • British Canoeing Canoe and Kayak Coach (SW) • BCU Level 3 Inland Kayak Coach
Performance Freestyle Coach	<ul style="list-style-type: none"> • British Canoeing Freestyle Coach
Performance Open Water Canoe Coach	<ul style="list-style-type: none"> • British Canoeing Open Water Canoe Coach • British Canoeing MWE – Canoe • BCU Level 3 Canoe Coach
Performance Open Water Canoe Coach (AW)	<ul style="list-style-type: none"> • British Canoeing Open Water Canoe Coach (AW) • British Canoeing AWE – Open Water Canoe • BCU Level 5 Canoe Coach
Performance Polo Coach	<ul style="list-style-type: none"> • British Canoeing Polo Coach
Performance Racing Coach	<ul style="list-style-type: none"> • British Canoeing Racing Coach • BCU Level 3 Racing Coach
Performance Sea Kayak Coach	<ul style="list-style-type: none"> • British Canoeing Sea Coach • British Canoeing MWE – Sea • BCU Level 3 Sea Coach
Performance Sea Kayak Coach (AW)	<ul style="list-style-type: none"> • British Canoeing Sea Coach (AW) • British Canoeing AWE – Sea • BCU Level 5 Sea Coach
Performance Slalom Coach	<ul style="list-style-type: none"> • British Canoeing Slalom Coach • BCU Level 3 Slalom Coach
Performance Surf Kayak Coach	<ul style="list-style-type: none"> • British Canoeing Surf Coach • British Canoeing MWE – Surf • BCU Level 3 Surf Coach
Performance Surf Kayak Coach (AW)	<ul style="list-style-type: none"> • British Canoeing Surf Coach (AW) • British Canoeing AWE – Surf • BCU Level 5 Surf Coach
Performance SUP (Open Water) Coach	<ul style="list-style-type: none"> • British Canoeing SUP Coach (Open Water)
Performance SUP (SW) Coach	<ul style="list-style-type: none"> • British Canoeing SUP Coach (SW)
Performance SUP (White Water) Coach	<ul style="list-style-type: none"> • British Canoeing SUP Coach (White Water)

NEW Performance Coach Discipline/Environment Qualification:	Prerequisite Coaching Qualification (<u>One</u> of the listed qualifications is required)
Performance SUP (Race) Coach	<ul style="list-style-type: none"> • British Canoeing SUP Coach (Race)
Performance WW Canoe Coach	<ul style="list-style-type: none"> • British Canoeing WW Canoe Coach • British Canoeing MWE – Canoe • BCU Level 3 Canoe Coach
Performance WW Canoe Coach (AW)	<ul style="list-style-type: none"> • British Canoeing WW Canoe Coach (AW) • British Canoeing AWE – WW Canoe • BCU Level 5 Canoe Coach
Performance WW Kayak Coach	<ul style="list-style-type: none"> • British Canoeing WW Kayak Coach • British Canoeing MWE – White Water Kayak • BCU Level 3 Inland Kayak Coach
Performance WW Kayak Coach (AW)	<ul style="list-style-type: none"> • British Canoeing WW Kayak Coach (AW) • British Canoeing AWE – WW Kayak • BCU Level 5 Inland Kayak Coach
Performance Wild Water Racing Coach	<ul style="list-style-type: none"> • British Canoeing Wild Water Racing Coach

Abbreviations used:

SW = Sheltered Water

AW = Advanced Water

WW = White Water

MWE = Moderate Water Endorsement

AWE = Advanced Water Endorsement

SUP = Stand up Paddleboard

Accreditation of Prior Learning

If you have other discipline specific coaching qualifications you can apply to your National Association Delivery Centre for Accreditation of Prior Experience and Learning (APL). Further details are available from National Association Delivery Centre websites.